SEC For		4			ree	SECU			УСЦАХ								
Section obligat	FORM this box if no lo n 16. Form 4 or ions may conti tion 1(b).	UNITED STATES SECURITIES AND EXCHANGE COMI Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNER Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									OMB APPROVAL OMB Number: 3235-0287 Estimated average burden Estimated average burden				3235-0287		
1. Name and Address of Reporting Person* <u>Nictakis William J</u>					2. Issuer Name and Ticker or Trading Symbol Hanesbrands Inc. [HBI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) 1000 EA	(F ST HANES	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 07/27/2009							A below) below) Pres, Chief Commercial Officer						
(Street) WINSTON- SALEM (City) (State)			27105 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)						 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 						
		-	Table I - Nor	-Deriva	ative S	Securiti	ies Aca	uired. Dis	posed of	or Bene	eficially (Dwned					
1. Title of Security (Instr. 3)			2. Trans Date (Month/		ction	2A. Dee Executi if any		3. Transaction	3. 4. Securities Acquired Transaction Code (Instr.		(A) or	or 5. Amount of		Form: (D) or		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(instr. 4)	
			Table II - I					ired, Disp options, d				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Yea	, 4. Trans Code	action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitio Benefici Owned Followin	ve es ially 1g	e Ownersh s Form: ally Direct (D) or Indirec g (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Reporte Transac (Instr. 4)	tion(s)			
Employee Stock Option (right to buy)	\$29.35	07/27/2009		D ⁽¹⁾			140,187	(2)	12/11/2014	Common Stock	140,187	\$0.00	0		D		
Employee Stock Option (right to buy)	\$29.35	07/27/2009		A ⁽¹⁾		140,187		(2)	12/11/2017	Common Stock	140,187	\$0.00	14 0 ,1	187	D		
Employee Stock Option (right to buy)	\$25.1	07/27/2009		D ⁽³⁾			85,106	(4)	02/04/2015	Common Stock	85,106	\$0.00	0		D		
Employee Stock Option (right to buy)	\$25.1	07/27/2009		A ⁽³⁾		85,106		(4)	02/04/2018	Common Stock	85,106	\$0.00	85,1	106 D			
Employedia	n of Pesnon																

1. The reported transaction is an amendment of outstanding options to extend their expiration date from December 11, 2014 to December 11, 2017. This amendment is deemed to involve the cancellation of the "old" options and the grant of replacement options.

2. These stock options were originally granted on December 11, 2007. The stock options vest 33%, 33% and 34% on the first anniversary, the second anniversary and the third anniversary, respectively, of the original date of grant and were originally scheduled to express the seventh anniversary of the date of grant. The exercise price of the stock options is equal to or greater than the fair market value of the common stock of Hanesbrands Inc. (the "Company") on the date of grant.

3. The reported transaction is an amendment of outstanding options to extend their expiration date from February 4, 2015 to February 4, 2018. This amendment is deemed to involve the cancellation of the "old" options and the grant of replacement options.

4. These stock options were originally granted on February 4, 2008. The stock options vest 33%, 33% and 34% on the first anniversary, the second anniversary and the third anniversary, respectively, of the original date of grant and were originally scheduled to expire on the seventh anniversary of the date of grant. The exercise price of the stock options is equal to or greater than the fair market value of the Company's common stock on the date of grant.

Remarks:

Catherine Meeker, attorney-in-

fact

07/29/2009

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.