FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP
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OMB APPRO	VAL				
OMB Number:	3235-0287				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Upchurch W Howard Jr						2. Issuer Name and Ticker or Trading Symbol Hanesbrands Inc. [HBI]										all applicable) Director Officer (give title		g Person(s) to Issuer 10% Owner Other (specify	
(Last) (First) (Middle) 1000 EAST HANES MILL ROAD						3. Date of Earliest Transaction (Month/Day/Year) 01/28/2014									74	belov	President, Innerwear		
(Street) WINSTO	ON NO	2	27105		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(St	ate) (2	Zip)													. 0.0			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date		Date,	Transaction D Code (Instr. 5)		Disposed	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			and Secu Bene		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
										v	Amount		A) or D)	Price	•		action(s) 3 and 4)		
Common Stock 01/28/				2014			A		12,062 ⁽¹⁾		A	\$0	0.00 1		13,936	D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	curity or Exercise parts. 3) Conversion or Exercise Price of Derivative Security Date (Month/Day/Year) I rans (Code 8)		Transa Code (5. Number of Expiration (Month/Day Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) (D) Date Exercisable			on Dai	Securities Underlying Derivative Security (Instrand 4) Amoulor Or Numbi			ount nber	nt er		9. Number of derivative Securities Beneficially Owned Following Reported Transactions (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

1. Consists of the portion of the 2013 performance stock and cash award (PSCA) payable in stock. This portion of the 2013 PSCA will be settled on a one-for-one basis in shares of common stock upon vesting on December 4, 2015.

Remarks:

Joia M. Johnson, attorney-in-<u>fact</u>

** Signature of Reporting Person Date

01/30/2014

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.