FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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OMB APPRO	VAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Hytinen Barry			2. Issuer Name and Ticker or Trading Symbol Hanesbrands Inc. [HBI]							neck all appl Direct	icable)	Person(s) to Is 10% O Other (wner			
(Last) (First) (Middle) 1000 E. HANES MILL ROAD			3. Date of Earliest Transaction (Month/Day/Year) 10/16/2019							^ below		below)	Speedy			
(Street) WINSTO	DN- N	C :	27105	4. 1	f Amer	ndmer	nt, Date	of Original F	iled ((Month/D	ay/Year)	6. Lir	e) <mark>X</mark> Form	filed by One F	Filing (Check A Reporting Perso than One Repo	on
(City)	(S	tate) (Zip)													
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date,		Code (Instr. 5)			str. 3, 4 an	Benefic Owned Reporte	s Forn ally (D) o ollowing (I) (Ir	6. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) o (D)	Price	Transad (Instr. 3					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	Transaction Code (Instr.		vative urities uired or oosed o) tr. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable		piration ate	Title	Amount or Number of Shares				
Phantom Stock ⁽¹⁾	(1)	10/16/2019		I			1,281	(2)		(2)	Common Stock	1,281	\$15.49	148	D	

Explanation of Responses:

- 1. Represents a hypothetical investment in Hanesbrands Inc. common stock under the Hanesbrands Inc. Supplemental Employee Retirement Plan (the "Plan"). The Plan provides for employer matching and discretionary contributions to employees whose compensation exceeds the limit set by the Internal Revenue Code for 401(k) plan contributions. Upon vesting or as otherwise permitted under the terms of the Plan, balances in the Plan are settled in cash based on the value of Hanesbrands Inc. common stock on the applicable valuation dates determined under the terms of the Plan. The number of share equivalents shown is an estimate because the Reporting Person's interest in the Plan is denominated in units.
- 2. Upon vesting or as otherwise permitted under the terms of the Plan, balances in the Plan are settled in cash based on the value of Hanesbrands Inc. common stock on the applicable valuation dates determined under the terms of the Plan.

Remarks:

/s/ Barry A. Hytinen

10/17/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.