FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, I | D.C. | 20549 |
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| TATEMENT | OF CHANGE | S IN BENEFI | CIAL OWNERSHIP |
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| l | OMB APPRO | VAL |
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| | OMB Number: | 3235-0287 |
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| l | hours per response: | 0.5 |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person * $\underline{NELSON\ RONALD\ L}$ | | | | | 2. Issuer Name and Ticker or Trading Symbol Hanesbrands Inc. [HBI] | | | | | | | (Ch | telationship eck all appli X Direct | cable) | g Per | son(s) to Iss | - 1 | | |
|------------------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------------|-------------|---------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------|-------|---------------------------------------------------------|------|-----------------------------------------------------------------------------------------------|-------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|--------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------|------------|
| (Last) (First) (Middle) 1000 EAST HANES MILL ROAD | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 12/08/2016 | | | | | | | | Officer below) | (give title | | Other (s below) | specify | | |
| (Street) WINSTON- SALEM NC 27105 | | | | | 4. II | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | Line | 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| (City) | (S | tate) | (Zip) | | | | | | | | | | | | | | | | |
| | | Tab | le I - Nor | ı-Deriv | ative | Se | curitie | s Acc | quired, [| Disp | osed o | of, or B | ene | ficial | ly Owne | d | | | |
| Da | | | | Date | Date Month/Day/Year) | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | Code (Instr. 5) | | rities Acqu ed Of (D) (li | Acquired (A) (D) (Instr. 3, 4 | | Benefic | ies For ially (D) Following (I) | | : Direct r Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | | | | | | Code | v | Amount | (A) (D) | or | Price | Transac (Instr. 3 | tion(s) | | | (instr. 4) |
| Common Stock 1 | | | | | 8/2016 | | | | D | | 4,20 | 0 Г | D (1) | | 100,000 | | | D | |
| | | Т | able II - I | | | | | | ired, Di options | | | | | | Owned | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) 3A. Deeme Execution if any (Month/Day | Date, Trans | | of Deriving Security | | of Expi Derivative Securities Acquired (A) or Disposed | | Date Exercisable and piration Date onth/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4) | | | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | ly | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | |
| | | | | | Code | v | (A) | | Date Exercisable | | opiration | Title | or Nu of | nount mber ares | | | | | |
| Phantom | (3) | 12/08/2016 | | | A | | 4,200 | | (4) | | (4) | Common | 4. | .200 | (1) | 131,383 | (5) | D | |

Explanation of Responses:

- 1. Represents a deferral by the Reporting Person of 4,200 shares of Hanesbrands Inc. common stock upon the vesting of restricted stock units granted to the Reporting Person on December 8, 2015. The amount deferred was deemed to be invested in a stock equivalent account (the "HBI Stock Fund") in the Hanesbrands Inc. Non-Employee Director Deferred Compensation Plan (the "Plan").
- 2. Represents an HBI Stock Fund balance under the Plan, Balances in the HBI Stock Fund are settled on a share-for-share basis in shares of Hanesbrands Inc. common stock.
- 3. 1-for-1

4. Balances in the HBI Stock Fund are settled on a share-for-share basis in shares of Hanesbrands Inc. common stock (i) with respect to deferrals prior to January 1, 2008, at the time specified by the Reporting Person at the time of the Reporting Person's deferral election, which in no case shall be prior to the January 1 following the first anniversary of the date the deferral election is made and (ii) with respect to deferrals on or after January 1, 2008, on the earlier of the fifth anniversary of the date of the deferral or the Reporting Person's separation from service as a member of the Hanesbrands Inc. board of directors.

5. Includes acquisitions of 480.980, 508.991, 529.398 and 609.062 phantom stock units acquired through deemed dividend reinvestment on March 8, 2016, June 7, 2016, September 7, 2016 and December 6, 2016, respectively.

Remarks:

Joia M. Johnson, attorney-in-

12/12/2016

fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.