FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | |
| Estimated average burden | | | | | | | |
| houre per reconnec: | 0.5 | | | | | | |

| \cap | Check this box if no longer subject to Section 16. |
|---------------|--|
| | Form 4 or Form 5 obligations may continue. See |
| $\overline{}$ | to a to contact and the contac |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

| Name and Address of Reporting Person* Ram Jonathan | | | | | 2. Issuer Name and Ticker or Trading Symbol Hanesbrands Inc. [HBI] | | | | | | | (Check all | Relationship of Reporting Person(s) to Iss (Check all applicable) Director | | | ner |
|--|---|-----------------------|---|-----------------------------------|--|--|---|--|--------------------|--|-----|--|--|--|---|--|
| (Last) 1000 E HANES MILL | t) (First) (Middle) 0 E HANES MILL ROAD | | | | 3. Date of Earliest Transaction (Month/Day/Year) 05/17/2021 | | | | | | | X Officer (give title below) Other (specify below) Group Pres., Global Activewear | | | | |
| (Street) WINSTON SALEM (City) | NC (State) | 27 (Ziş | 105 | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | 6. Individu X | iividual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | |
| Da | | | | Date | | | 2A. Deemed Execution Date, if any | 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Dispose (D) (Instr. 3, 4 and 5) | | | | Beneficially Own Following Report | | ed Dir | Ownership Form: ect (D) or lirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial |
| | | | | | (Month | n/Day/Year) | Code V | Amount | (A) or (| D) Pri | | Transaction(s) (I and 4) | | | Ownership (Instr. 4) | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | cise (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Se Underlying Derivative Sec 3 and 4) | | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following | of 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | l N | Amount or lumber of Shares | | Reported Transaction (Instr. 4) | l` ' | |
| Phantom Stock ⁽¹⁾ | (1) | 05/17/2021 | | I | | | 335 | (2) | (2) | Common Stoc | k | 335 | \$19.88 | 626 | D | |

Explanation of Responses:

- In Represents a hypothetical investment in Hanesbrands Inc. common stock under the Hanesbrands Inc. Supplemental Employee Retirement Plan (the "Plan"). Following the Reporting Person's retirement or other termination of employment from Hanesbrands Inc. or as otherwise permitted under the terms of the Plan, balances in the Plan are settled in cash based on the value of Hanesbrands Inc. common stock on the applicable valuation dates determined under the terms of the Plan. The number of share equivalents shown is an estimate because the Reporting Person's interest in the Plan is denominated in units.
- 2. Following the Reporting Person's retirement or other termination of employment from Hanesbrands Inc. or as otherwise permitted under the terms of the Plan are settled in cash based on the value of Hanesbrands Inc. common stock on the applicable valuation dates determined under the terms of the Plan.

Remarks:

/s/ Tracy M. Preston, attorney in fact 05/19/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY FOR SEC FILINGS ON FORMS 3, 4, 5 AND 144 IN RESPECT OF SECURITIES OF HANESBRANDS INC.

- The undersigned hereby constitutes and appoints Stephen B. Bratspies, Michael P. Dastugue and Tracy M. Preston, or any one of them actin any Initial Statement of Beneficial Ownership of Securities on Form 3 to be filed with the Securities and Exchange Commission; any Statement of Changes of Beneficial Ownership of Securities on Form 4 to be filed with the Securities and Exchange Commission; any Annual Statement of Beneficial Ownership of Securities on Form 5 to be filed with the Securities and Exchange Commission;
- (ii) (iii)

(v)

any Notice of Proposed Sale of Securities on Form 144 to be filed with the Securities and Exchange Commission; and any and all agreements, certificates, receipts, or other documents in connection therewith.

The undersigned hereby gives full power and authority to the attorney-in-fact to seek and obtain as the undersigned's representative and on

The undersigned hereby grants unto such attorney-in-fact and agent full power and authority to do and perform each and every act and thing

The undersigned acknowledges that:

- (i) (ii)
- neither the Company nor such attorney-in-fact assumes (i) any liability for the undersigned's responsibility to comply with the requirements for this Power of Attorney does not relieve the undersigned from responsibility for compliance with the undersigned's obligations under the This Power of Attorney shall remain in full force and effect until revoked by the undersigned in a signed writing delivered to such atterpretations.

IN WITNESS WHEREOF, the undersigned has executed this Power of Attorney.

Date: May 19, 2021 /s/ Jonathan Ram

Jonathan Ram